

Care Gram

Transesophageal Echocardiogram (TEE)

Date of Test: _____ Test Time: _____

What Is a Transesophageal Echocardiogram?

A transesophageal echocardiogram (TEE) is an ultrasound of the heart. It is done by passing a small tube down the esophagus. This tube has an imaging device on the end. The heart can be seen more clearly than with a regular echocardiogram.

The procedure usually takes about 2 hours. This includes the preparation, test, and recovery.

How Do I Prepare for This Test?

- Do not eat or drink for 6 hours before the test.
- Continue taking your medications with no more than 4 ounces of water.
- Bring someone with you to drive you home after the test.

How Do I Register for a TEE?

Please report directly to Cardiac Services at your appointment time. It is located on the Licking Memorial Hospital (LMH) Second Floor.

What Can I Expect During a TEE?

- You will have an IV started in your arm.
- You will be given medication to make you sleepy.
- A tube is passed down the throat and into the esophagus, and pictures are taken of the heart.

What Should I Do After the Test?

- You will need someone to drive you home from the Hospital.
- Rest at home for the remainder of the day.
- You may return to your normal activities the next day.

How Do I Obtain My Results?

You will find out the results from the doctor who ordered the test.

Appointment Reminder

Thank you for allowing the LMH Cardiology staff to serve you. Remember, you have an important role in making your test a success. If you have any questions about your test, please call (220) 564-4177.

This Care Gram is for information purposes only. It may become out-of-date over time. Ask a doctor or a healthcare professional about your specific condition.



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1616-0535
12/20/2024