

# Care Gram

## Transesophageal Echocardiogram (TEE)

Date of Test: \_\_\_\_\_ Test Time: \_\_\_\_\_

### What Is a Transesophageal Echocardiogram?

A transesophageal echocardiogram (TEE) is an ultrasound of the heart. It is done by passing a small tube down the esophagus. This tube has an imaging device on the end. The heart can be seen more clearly than with a regular echocardiogram.

The procedure usually takes about 2 hours. This includes the preparation, test, and recovery.

### How Do I Prepare for This Test?

- Nothing to eat or drink for 6 hours before the test.
- Continue taking your medications with no more than 4 ounces of water.
- Bring someone with you to drive you home after the test.

### How Do I Register for a TEE?

Please report directly to the Cardiology Department at your appointment time. It is located on the second floor of Licking Memorial Hospital (LMH).

### What Can I Expect During a TEE?

- You will have an IV started in your arm.
- You will be given medication to make you sleepy.
- A tube is passed down the throat and into the esophagus, and pictures are taken of the heart.

### What Should I Do After the Test?

- You will need someone to drive you home from the Hospital.
- Rest at home for the remainder of the day.
- You may return to your normal activities the next day.

### How Do I Obtain My Results?

You will find out the results from the doctor who ordered the test.

### Appointment Reminder

Thank you for allowing the Cardiology staff at LMH to serve you. Remember, you have an important role in making your test a success. If you have any questions about your test, please call (220) 564-4177.

This Care Gram is for information purposes only. It may become out-of-date over time. Ask a doctor or a healthcare professional about your specific condition.



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1616-0535  
06/09/2016