

2023 ANNUAL REPORT



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dical Staff Executive Committee		Licking Memorial Hospital	
Mission: Licking Memorito Improve the Health			
Slogan: Measurably Dif	ferent	for Your Health!	

A Message from the President

In 2023, we celebrated Licking Memorial Hospital's anniversary of 125 years of caring for the community. On January 18, 1898, the first Hospital in Newark was established in a nine-room house on North Third Street. The facility was moved to the corner of Buena Vista and Everett Avenues in 1914 to accommodate more patients. The current location on West Main Street was built in 1966, and is now a medium sized, high-tech community Hospital.

In addition, Licking Memorial Health Systems (LMHS) the not-for-profit organization, has expanded over the years and now consists of Licking Memorial Hospital (LMH), Licking Memorial Health Professionals, a group of 100-plus physicians in various specialty practices, and the Licking Memorial Health Foundation, a fundraising and resource development corporation. Over the past 125 years, and more specifically in the past 20 years, we have added new facilities including a surgery location on Tamarack Road, three Urgent Care locations, three health campuses, and physicians' offices located throughout Licking County.

LMHS had much to celebrate in 2023. As one of the largest employers in the county, we have been recognized as a great place to work by several national organizations and through the Newark Advocate's Best of Licking County campaign. LMH continues to grow and acquire technology that assures our families, friends, and neighbors receive the highest quality care, close to home.

As part of our yearly improvement project, we expanded and updated the Radiology Department. New technology has been added and more access to X-rays and mammograms are now available at our Urgent Care facilities and the Women's Health Office on Messimer Drive. Nuclear medicine, ultrasound, and computed tomography (CT) machines were replaced and/or upgraded at various locations to maintain advanced level technology capabilities.

The Licking Memorial Laboratory has also been updated with new testing equipment that offers quicker results for some of the most critical testing. The newest generation of chemistry and hematology instrumentation has been added to the automation line, providing a broader test menu and increasing efficiency. In the microbiology and molecular lab, more enhancements and the most advanced system for organism identification has been integrated.

In addition, LMH now offers more non-invasive procedures with more physicians and surgeons utilizing the da Vinci Robotic Surgical System. At the Licking Memorial Medical Campus at 1717 West Main Street, a new space was created for Rehabilitation Services to add new specialized equipment and offer more options for physical, occupational, and speech

LMHS is dedicated to the mission of improving the health of the community, and that commitment extends above and beyond providing quality healthcare. Social drivers, such as housing, food insecurity, and transportation, affect community health, and LMHS has made a commitment to address the needs in Licking County. To increase transportation options for residents so that they may travel easily to local shopping areas and medical appointments, LMHS collaborated with Licking County Transit to subsidize fares on new fixed bus routes. The three new routes run hourly and make stops along Main Street, 21st Street, and areas in Granville. In partnership with the Food Pantry Network of Licking County, LMHS is assisting in the establishment of a food pantry on the west side of Newark that will provide multiple offerings including fresh produce.

Above all, LMHS values service and philanthropy, and supports local organizations that uplift and strengthen the entire community. By sharing resources, including

donations, volunteers, and leadership, LMHS enriches the lives of Licking County residents. I believe that we can all be proud of what our organization provides and shares with the community now and over the past 125 years. I am honored to be a part of this organization and work with such talented individuals.

Nobest C. Wontines Robert A. Montagnese

President & CEO



Vision: To be the best community healthcare

facility in the State of Ohio.

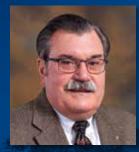
Boards of **Directors**

Licking Memorial Health Systems Board of Directors

The Licking Memorial Health Systems (LMHS) Board of Directors oversees all aspects of LMHS' three corporations: Licking Memorial Hospital, Licking Memorial Professional Corporation, and Licking Memorial Health Foundation. As volunteer community leaders, the Board Members serve to ensure LMHS provides the best care and services available.



Nancy G. Neely



Michael J. Massaro Vice Chair



Judge Craig R. Baldwin, J.D. Secretary/Treasurer



David E. Doney





Joyce L. Malainy, Ed.D.



Christopher Mever



Brian J. Mortellaro



Jacqueline H. Parrill, Ed.D. Licking Memorial Hospital **Board Chair**



Robert A. Montagnese Ex Officio Licking Memorial Health Systems President & CEO

Licking Memorial Hospital Board of Directors

In 1898, a small group of dedicated women opened a nine-bed Hospital with donated furnishings in a converted house at 154 North Third Street in Newark to meet the needs of the community. After many evolutions throughout the past century, Licking Memorial Hospital now stands on West Main Street with state-of-the-art technology ready to serve the community. Today, like their predecessors, our Board of Directors is comprised of dedicated individuals who volunteer their time to guide the operations and policies of the Hospital.



Jacaueline H. Parrill, Ed.D.



James R. Cooper, Esq.



Marcia W. Downes



Paul M. Thompson Treasurer



C. Daniel Hayes, Esq.



Scott Hayes



Alexander R. Miller, Ed.D.



Mark A. Mitchell, M.D.



Charles S. Moore



Sharad Thakkar, Ph.D.



Jack A. Treinish, Jr. Philip H. Wagner, Ph.D.



Jay Young, Jr.



Gary D. Sutliff, M.D. Ex Officio Licking Memorial Hospital



Robert A. Montagnese Ex Officio Licking Memorial Health Systems President & CEO

Hospital-wide Directives

- Promote patient safety
- Incorporate innovation and technology
- Maintain financial strength
- Meet community needs
- Maintain independence
- Deliver quality care
- Adhere to corporate integrity
- Attain service excellence
- Cultivate relationships with patients, customers, and employees

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Licking Memorial Health Systems Senior Management

The 16 members of the Licking Memorial Health Systems (LMHS) Senior Management have extensive experience that provides strong leadership. With their collective background and vision, LMHS is able to proactively meet the community's needs.



Robert A. Montagnese, C.P.A., M.H.A., B.A. President & CEO Making a difference since 1993.



Benjamin J. Broyles, OTR/L Vice President Making a difference since 2014. Making a difference since 2000. Making a difference since 1999.



Heather M. Burkhart. M.H.A., B.S.N., R.N. Community Health & Wellness Vice President Acute Care Services





Craig B. Cairns, M.D., M.P.H. Diana L. Ermlich, RHIA Vice President Vice President Medical Affairs Information Systems Making a difference since 2004.



Veronica K. Patton, B.B.A. Vice President Development & Public Relations Making a difference since 1984.



Holly D. Slaughter, M.B.A. Vice President Human Resources & Support Services Making a difference since 2007.



Gregory A. Wallis M.H.A., B.S.N., R.N. Vice President Physician Practices Making a difference since 1997.



Cynthia L. Webster, B.B.A. Vice President Financial Services Making a difference since 1991.

Licking Memorial Hospital Medical Staff Executive Committee

The Licking Memorial Hospital (LMH) Medical Staff Executive Committee is comprised of the Medical Staff officers and the chiefs of each Medical Staff department. Committee members set policies, review new physicians' credentials, analyze cases, and help to educate staff members on medical advances.



Gary D. Sutliff, M.D. Chief of Staff



Elizabeth A. Yoder, D.O. Vice Chief of Staff Department Chief of Behavioral Health Secretary/Treasurer



Secretary/Treasurer



D'Anna N. Mullins, M.D., PhD. Richard A. Baltisberger, M.D. Department Chief of Pediatrics Department Chief of Pathology Department Chief of Radiology



Lori J. Elwood, M.D.



Daniel W. Kennedy, M.D.



Scott D. Jolly, D.O. Department Chief of **Emergency Medicine**



Bassam Kret, M.D. Department Chief of Medicine



Bradley R. Lewis, M.D. Department Chief of Anesthesiology & Pain Management



Megan E. Miller, D.O. Department Chief of Family Practice



Brent M. Savage, M.D. Department Chief of Surgery



Andrew C. Seipel, M.D. Immediate Past Chief of Staff

Licking Memorial Hospital Medical Staff Appointments

Highly qualified and skilled professionals who joined the LMH Active and Consulting Medical Staffs from March 2023 to February 2024 include:

Sara I. Ali, M.D. Anish K. Amin, M.D. Auroa G. Badin, M.D. Ahmad Y. Bakdalieh, M.D. Zackary M. Birchard, D.O. Kwame N. Doh, D.P.M. Saad A. Hagras, M.D. Kalpana Jones, M.D.

Kara J. Kaplan, M.D. Zeyn T. Mirza, M.D. Paul A. Nicholson, M.D. Priyanshi Patel, M.D.

Laura E. Roache, D.O. Luis F. Soto III, M.D. Son H. Tran, D.P.M.

Annual Report 2023 7 **6 Licking Memorial** Health Systems

Changes, Enhancements, Technology

Licking Memorial Health Systems (LMHS) implements the best modern medical advances to improve healthcare experiences and outcomes for patients. Changes may be subtle and take place without public awareness. Enhancements and modifications at LMHS over the past year include:

Progressa+ True ICU Smart Bed

Licking Memorial Hospital (LMH) acquired 13 new smart beds in the Intensive Care Unit (ICU). The Progressa+ True ICU bed, manufactured by Hillrom, contains in-bed technologies that optimize patient care and accelerate recovery, resulting in decreased time spent in the ICU and a reduction in hospital costs. Bed features include a 40-inch frame to accommodate patients of various weights and sizes, head of bed access to allow easier contact with the patient for intubation and other bedside procedures, and a radiolucent deck and X-ray sleeve for daily ICU procedures to be performed at the bedside, helping to avoid delays in patient care. Advanced support surface features help protect the patient's skin integrity to prevent pressure injuries. The beds are also equipped to deliver pulmonary therapies to reduce respiratory complications associated with long periods of immobility. Flexible frame options include one-button, full-chair positioning with chair egress as well as stand assist to support patients through early mobilization. An integrated alarm alerts caregivers if patient movement is detected to help ensure patients are safe while in bed and prevent patient falls.

Licking Memorial Health Center at Licking Heights

LMHS partnered with Licking Heights Local School District to establish the Licking Memorial Health Center at Licking Heights. The Health Center, located inside Licking Heights High School, opened in August and provides greater healthcare access to students and staff, their family members, and local residents. The Health Center provides preventive care and treatment for common illnesses as well as mental health services offered by Behavioral Health Partners of Central Ohio. An on-site laboratory is also available at the Health Center for point-of-care testing, such as pregnancy tests, urinalysis, strep, influenza, RSV, COVID-19, and diabetic levels. School-based health centers are

an effective strategy to ensure students remain in school, are healthy, and ready to learn. The Health Center also benefits working families, so parents and guardians do not need to miss work to take their children for treatment.

Paxman Scalp Cooling System

Licking Memorial Hematology/Oncology introduced the Paxman Scalp Cooling System for patients undergoing chemotherapy treatment to prevent hair loss. Scalp cooling can alleviate the damage caused to hair follicles through chemotherapy by reducing the temperature of the scalp by a few degrees before, during, and after chemotherapy treatment. The cooling cap consists of two parts – an inner silicone cap and the outer cover cap. The outer cap attaches to the cooling system that delivers coolant through the inner silicone cap. Throughout the treatment, the coolant cycles through the cap, extracting heat from the scalp, and returning it to the system to be re-cooled. The success rate for scalp cooling is up to 70 percent for some chemotherapy regimens. Clinical data shows that patients who use scalp cooling have hair regrowth that is faster, stronger, and healthier than those who do not use the treatment.

Evolv

To increase safety and prevent violence in the workplace, LMHS installed new technology to be utilized at the Emergency, Main Hospital, and Surgery entrances to protect patients, staff, and visitors. Evolv Express® is the world's first Al-based touchless weapons detection solution that provides non-intrusive and rapid screening to identify dangerous weapons before entering the Hospital. Evolv Express combines advanced sensors, cameras, and artificial intelligence to identify threats while ignoring harmless personal items such as keys, tablets, or cell phones. When a potential threat is detected, real-time alerts show the precise location of the threat. Evolv Express

is ten times faster than a standard metal detector for an expedited and non-intrusive experience. The weapons system enables rapid detection, quick resolution, and a safer environment for patients, visitors, and employees.

TCAR

Licking Memorial Vascular Surgery added an alternative procedure called transcarotid artery revascularization (TCAR) for patients with carotid artery disease (CAD) who have a higher risk of complications from surgery due to age or other health issues. TCAR is a clinically proven, minimally invasive procedure used to treat CAD and help prevent future strokes. It provides direct access to the artery and temporarily reverses blood flow so that any bits of plaque that may break off are diverted away from the brain. TCAR takes less time than traditional surgery, limiting stress on the heart and minimizing the risk of perioperative or pre-perioperative complications.

Radiology and Laboratory Technology Upgrades

In the Radiology Department, nuclear medicine, ultrasound, and X-ray machines were replaced and/or upgraded at various locations to maintain advanced level technology capabilities. The three computer tomography (CT) scanners at LMHS were upgraded to 128 slice scanners offering better image resolution. The Department also replaced the prone stereotactic breast biopsy unit with an upright system to offer patients a more comfortable position for the procedure.

The newest generation of chemistry and hematology instrumentation was added to the automation line in the LMH Laboratory, providing a broader test menu and faster result turnaround times. LMHS also added a new bacterial identification system that uses a laser to ionize microbes for identification in minutes. The

system will reduce the cost of such testing and offer more accurate results.

Capsule Technology

LMH acquired technology to combine information and data from several machines frequently needed for patient care to monitor a patient's condition more efficiently. The Capsule Medical Device Information Platform improves clinical decision making and workflow by integrating data from several medical devices such as ventilators, continuous dialysis machines, balloon pumps, and the Arctic Sun Hypothermia machine. The new technology allows nurses and ICU staff members to have better focus on the patient and offers more personalized care. Responses to even subtle changes in the patient's condition are made more quickly, offering the best possible outcome for recovery.

Capsule uses a specially programmed touchscreen, the Capsule Neuron, that contains a number of standard cable connection interface ports. A device identification module is placed on cable connectors for each individual medical device. When a medical device is in use for a patient, that device can be plugged into the Capsule monitor which then automatically transfers the information into a flow sheet for charting in LMH's electronic health record, Epic. The technology enhances care by improving visibility of the data, timeliness of relevant information, and improving communication among care teams. The chance of transcription errors is lowered as well.

i-STAT Alinity TBI Plasma Test for TBI

LMH Laboratory Services offers a new blood test to assist physicians in evaluating patients with mild traumatic brain injury (TBI). Healthcare company, Abbott Laboratories, developed the test to provide a new, reliable result that allows a medical professional to quickly assess whether a patient requires a computerized tomography (CT) scan for further evaluation or if a CT scan can be safely omitted.

The rapid diagnostic test allows Emergency Department staff to quickly triage patients with traumatic brain injuries and make a more informed decision about the safety of discharging the patient without performing a CT scan. According to Abbott, the TBI test can potentially reduce unnecessary CT scans by up to 40 percent. The quick turnaround time can decrease patient wait time in the ED, clear resources for other patients, and reduce the cost of treatment. LMH is the third hospital in the entire nation to adopt the i-STAT Alinity TBI Plasma Test.





TCAR procedure offerered by Licking Memorial Mascular Surger

125 Years of Caring for the Community

During the late 1890s, a number of proactive women in Newark saw the need for a Hospital. They sought donations from the community, and soon nine beds were donated, along with food, bedding and other supplies, and local residents made monetary donations. The Newark Hospital Association was incorporated as a not-for-profit organization, and the area's first Hospital was established in a nine-room house at 154 North Third Street in January 1898.

In 1914, the Hospital was moved to a newer and more modern structure at the corner of Buena Vista Avenue and Everett Avenue and named Newark City Hospital. A brand new facility was built in 1966 and 81 patients were moved into the innovative and technologically advanced healthcare facility known today as Licking Memorial Hospital (LMH).

In 1987, the Development Council was formed to support the Licking Memorial Health Foundation. The Foundation is the fundraising and resource

development organization for Licking (LMHP) Corporation was formed in 1995. Today, there are 100-plus

Licking County, including Granville, Hanover, Heath, Hebron, Johnstown, Newark and Pataskala. LMHS employs more than 2,400 highly trained and compassionate individuals.

Since the establishment of the first facility, LMH has been and continues to be responsive to the healthcare needs of the Licking County area. The facility is now categorized as a medium-sized Hospital that offers a full spectrum of quality patient care services, from emergency medicine to home health care, and offers a number of specialized medical services unique for a Hospital of its size. Comprehensive services are available in areas such as cancer, heart, maternity, and mental health.

LMHS has remained at the forefront of patient safety by implementing state-of-the-art technology to provide the highest quality care in order to fulfill the mission to improve the health of the community. New features at LMH include smart beds that contain in-bed technologies that optimize patient care and

such as ventilators, continuous dialysis machines, balloon pumps, and the Arctic Sun Hypothermia machine.

Upgrades in 2023 included a new chemistry system in the Laboratory Department, and a new bacterial identification system that uses a laser to ionize microbes for identification in minutes. The system will reduce the cost of such testing and offer more accurate results. Licking Memorial Vascular Surgery recently added an alternative procedure called transcarotid artery revascularization (TCAR) for patients with carotid artery disease (CAD) who have a higher risk of complications from surgery due to age or other health issues. TCAR is a clinically proven, minimally invasive procedure to remove plague from the carotid artery.

In addition to high quality care, LMHS improves family life in Licking County by supporting many social service organizations. Through partnerships with other organizations, LMHS hosts and participates in events and health fairs in order to raise awareness about healthy lifestyle choices. In 2023, LMHS partnered with Licking County Transit (LCT) to open a new bus route along East and West Main Street to

The service runs hourly from 6:00 a.m. to 6:00 p.m., and connects Licking Memorial Medical Campus, located at 1717 West Main Street, to the Licking County Aging Partners/Heritage Hall, located at 1058 East Main Street. The service is one of three deviated fixed routes that Licking County Transit has added to its current system.

The second route begins at the Licking Memorial Medical Campus, 1717 West Main Street, travels along 21st Street to Licking Memorial Family Practice – North Newark, located on Goosepond Road, and the Licking County Health Department, on Price Road, then returns to the Medical Campus. The final deviated fixed route transports passengers to Granville and includes stops at Bryn Du Mansion, the Eisner Center at Denison University, Ross' Granville Market, the Granville Library, and the Veterans Administration facility and areas along West Main Street in Newark. In addition to working with Licking County Transit,

LMHS is currently collaborating with the Food Pantry Network of Licking County to establish a marketstyle food pantry on the west side of Newark. LMHS is providing the building and will further assist by providing volunteers to run the market.

To increase access to primary care and behavioral health and improve health equity within Licking County, LMHS established the Licking Memorial Health Center at Licking Heights. The Clinic, located inside a school building, is the first of its kind for LMHS and was made possible through a strong partnership with Licking Heights Local School District. The Clinic is an effective strategy to ensure students remain in school, are healthy, and ready to learn, and benefits working families, parents, and guardians who do not need to miss work to take their children for treatment.



2023 Awards and Recognitions

Licking Memorial Health Systems (LMHS) and its dedicated employees, Medical Staff, volunteers, and community members work diligently every day to ensure that the community has access to excellent healthcare. Over the past year, LMHS received the following awards and recognitions:

- "A" Rating by The Leapfrog Group -Spring (14 consecutive "A" ratings)
- 2023 Lown Hospitals Index Outstanding Performance for Social Responsibility, Value of Care, and Clinical Outcomes
- U.S. News & World Report High Performance rating in Heart Attack
- U.S. News & World Report Best Hospitals for Maternity Care, High Performance Rating
- Intersocietal Accreditation Commission (IAC) - 20-year Accredited Facility in Echocardioaraphy
- The American College of Radiology (ACR) -**ACR Stereotactic Breast Biopsy Accredited** Facility and Licking Memorial Women's Health Recognized as an Accredited Mammography Facility





- Joint Commission LMH Laboratory -Clinical Laboratory Improvement **Amendments (CLIA) Accreditation**
- College of Healthcare and Information Management Executives (CHIME) - Digital Health Most Wired Recognition for the Acute **Care and Ambulatory Settings**
- Grand Gourmet Award Operation Feed Campaian (Overall campaian contributor)
- Columbus Business First Corporate Citizenship list - Top 40 Organizations in Central Ohio
 - Top Companies in Central Ohio for **Volunteer Hours**
 - Top Companies in Central Ohio for In-kind Contributions
- Platinum recognition DoNation 2023 campaign - Lifeline of Ohio - includes 100th Placenta Donation

- Community's Choice Awards Licking County
 - **Best Place to Work Best Hospital Best Physical Therapy for Licking Memorial Rehabilitation Services**
- Healthy Business Council of Ohio -Healthy Worksite - Gold level recognition
- Stephen F. Loebs Outstanding Leadership **Award from the Health Services** Management & Policy Alumni Society -**Rob Montagnese**
- Everyday Hero Award Columbus Monthly -Lynda Hoffman
- Newark Advocate 20 Under 40 Recognition - Elizabeth W. McIntosh. M.D.









2023 Employee Recognition







































Managers of the Year

















Clarissa Ann Howard Nursing Award for Clinical Excellence







NATIONALLY RECOGNIZED

LEAPFROG

HOSPITAL

Patient Testimonials



Craig Burdick - Heart Care

"I provide pastoral care for several healthcare facilities in the area. One summer day while visiting one of the facilities, I began to feel overheated and unwell. I thought I just needed rest, but when I returned home, my arm began tingling, which I attributed to side effects of a past shoulder surgery. My wife, Gina, suggested I visit the Hospital, but I decided I just needed to rest. The next morning, as I was getting ready for work, I felt faint and nauseous. Gina called 911, and the EMTs determined I was having a heart attack. I was transported to Licking Memorial Hospital (LMH) and rushed to the catheterization laboratory to have a stent placed in my artery that was 99 percent blocked. Dr. Rajjoub and his team were amazing. They moved together as though they were a well-oiled machine. I was up and walking the halls soon after the surgery and went home two days later. The Cardiac Rehabilitation team was phenomenal with my recovery. I am grateful to be able to spend more time with Gina and my four children."

Kelly Capitini - Maternity Care

"In December 2021, I visited the LMH Emergency Department (ED) due to an ectopic pregnancy. I saw Cynthia Kearse, D.O., and was impressed with her compassion and care. Though the circumstances were extremely uncomfortable, I received maternity care that I had never experienced before. I did not have positive birthing experiences with my first two children when we lived in New York and felt I had no control over my birthing plan. When I discovered I was pregnant again, I knew I wanted a low-intervention birth but was concerned about giving birth in a hospital. Physician center manager Leisa Lunsford spoke to me about the amenities at LMH, explained that the Hospital had doulas on staff, and that the nurses and physicians are supportive of low-intervention births. Everyone was phenomenal and treated me like a real human being. I had never experienced that type of compassion and care before. I highly recommend LMH's services for anyone looking for a safe, welcoming birthing space."



Jacinda Raines – Respiratory Care

"After spending 10 days in isolation from being infected with COVID-19, my symptoms had not subsided. I visited the LMH ED because I was experiencing shortness of breath. I was diagnosed with COVID pneumonia. Pulmonologist Emilia N.U. Anigbo, M.D., cared for me during my Hospital stay and suggested that I participate in the Pulmonology Rehabilitation Program to receive assistance in strengthening my lungs. I attended the program twice a week for six weeks. The Pulmonology Rehabilitation staff carefully monitored me as I performed my workouts to ensure I maintained safe oxygen levels and heart rate throughout my activities. Before I began the program, I could not do my daily chores because I could not breathe. Now, I can accomplish my chores and move around. After my prescribed sessions were over, the staff gathered to acknowledge my graduation by clapping and cheering for me. It really made me feel special. I appreciate the care and kindness everyone provided me during my rehabilitation."



Dawn McPeek-Bowser – Diabetes Care

"I was very surprised and emotional about my diabetes diagnosis because my family had no history of diabetes, and I did not know anyone who had the disease. I thought my life was going to change drastically for the worse and was frightened by the changes I knew I would have to make. My primary care physician, Marita L. Moore, M.D., referred me to LMH's diabetes self-management education and support (DSMES) program. The entire experience was eye-opening. I learned so much about diabetes and how to manage the disease. When the staff explained that healthy eating habits are more about moderation than limiting certain foods, I was so relieved to know that I would not have to deprive myself and would be able to live normally with a few minor changes. I cannot say enough about the benefits of the education I received at LMH. Since taking the DSMES classes, I have lost over 70 pounds and have been able to decrease my diabetes medication dosage. My energy has increased, which allows me to spend more time playing with my grandchildren. I learned that a diabetes diagnosis is not the end of the world, and a productive, fun life is still possible."

Sophia Renner - Rehabilitative Care

"My daughter, Sophia, was having difficulty with gross motor skills when she was six months old. After numerous tests, we discovered that Sophia suffered from Angelman syndrome, a rare genetic disorder that causes delayed development, intellectual disability, problems with speech and balance, sleeplessness, seizures, and epilepsy among other medical issues. I was taking Sophia for physical therapy in Columbus and became frustrated with the long drive. I learned that Licking Memorial Rehabilitation Services offers pediatric therapy including physical, occupational, and speech therapy, so I took Sophia for an evaluation, and she began working with therapist Taylor Wright. Taylor is so gentle and compassionate with Sophia, and they have built a strong relationship with each other. It is fun to watch the two of them bring smiles to everyone receiving therapy at the facility as Sophia walks around the therapy space with her walker. I am so happy to have found an amazing therapist so close to our home."



Joe Foresta – Surgical Care

"At my annual physical, my primary care physician, Christopher Forbush, D.O., strongly recommended that I receive a colonoscopy after learning that I had not had one in 11 years. Even though I was not experiencing signs or symptoms of cancer, I made the appointment at LMH. During the procedure, the gastroenterologist discovered seven polyps. After a biopsy, I was informed that I had stage two colon cancer and would require surgery to remove a small section of my colon. I met with the surgeon, Victor F. Ferrini, M.D., and he explained everything to me. It was reassuring to understand what was going to happen during the surgery, and I felt confident about a successful recovery. After a post-surgery examination, Dr. Ferrini said he was impressed with how quickly I was recovering. He sent me home on the fourth day after my surgery. During my stay, the staff treated me very well, were kind, and very supportive. I was grateful to have such wonderful care."

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Community Events

Throughout 2023, Licking Memorial Health Systems (LMHS) employees and local residents were invited to events that celebrated LMHS' achievements and areas of arowth. These events informed the community about the healthcare environment, communicated our appreciation to community members, and highlighted services. The events in 2023 included:

Corporate Breakfast Events

The Licking Memorial Hospital (LMH) Development Council hosted four Corporate Breakfast events in 2023 to inform community leaders about LMHS' services and medical advances. The topics included a recap of 2022, motivational speaker Chris Herren, updates on initiatives and technology at LMH, and issues surrounding vaping and drug use disorders.

Active Programs

In 2023, LMHS hosted four events as part of the Active Fit Youth Wellness Program – Junior Chef, a Health & Fitness Fest, Bowling, and Field Day. During the Bowling event, participants bowled for two hours alongside participants of the Active Senior Wellness Program. A variety of activities, such as soccer, flag football, kickball, and freeze tag, were available at the Field Day event. The Active Senior Wellness Program also featured a number of events, including Yoga, Bingo, Game Show, Dance, Celebration, Brunch Walk, Pickleball, and Gourmet Gardener.



Careaivers Expo

The LMH Development Council hosted the Caregivers Expo at LMH. More than 230 people attended the event to obtain information from area vendors with available resources that assist families who are caring for aging loved ones, and grandparents who are the primary caregivers of their grandchildren. The event featured 47 vendors, including care facilities, financial institutions, summer camps, and community organizations such as Big Brothers Big Sisters and the YMCA. Additional resources on mental health, family assistance, and healthy living were also available.

LMHS Summer Camps

LMHS staff devoted their time over the summer to educate local youth, ages 7 to 12, about various health topics in fun, outdoor day camp settings. On June 16, Camp Feelin' Fine participants gathered to learn more about asthma, manage their symptoms, and interact with others who also have the condition. On August 4, LMHS hosted Camp Cool for its' first year, which is to help youth explore mindfulness activities. In July, high school seniors interested in pursuing a career in

healthcare were invited to participate in Camp Med. The two-day event consisted of interactive demonstrations and discussions on a variety of healthcare

"For Your Health" 5K Run/Walk & 1-mile Fun Walk

The 2023 "For Your Health" 5K Run/Walk & 1-mile Fun Walk was held on July 22. More than 1,200 residents from Licking County and Central Ohio registered for the 15th annual event. Honorary Chairs were Megan, Kevin, Cody, and Lexi Miller.



Volunteer and TWIGS Recognitions

LMH hosted the annual Volunteer Recognition Dinner on April 11 and the TWIGS Recognition Dinner on May 2 to show gratitude to the individuals who regularly dedicate their time to benefit the Hospital. Three volunteers were honored with 15-year Service Awards. Additionally, the 2023 Donald Day Volunteer of the Year Award winners were Dave Douglas and Julie Wiegman. Volunteers delivered approximately 34,000 newspapers, 368 cards and flowers, and completed over 1,100 messenger runs among other activities. In 2023, more than 170 Volunteers and TWIGS devoted over 20,000 hours serving the Hospital. Awards were presented to 12 TWIGS members celebrating milestone achievements, including Marilyn Weber for 20 years and Linda Jeffries for 25 years. The TWIGS organizations provided more than \$100,000 in donations to LMH in 2023.



Cancer Survivors Picnic

Approximately 150 Licking County residents gathered on the grounds of the Licking Memorial Medical Campus on June 1 for the 12th annual Cancer Survivors Picnic. The event celebrated and honored cancer survivors for serving as an inspiration to individuals currently receiving cancer treatment. Guest speaker D'Anna Mullins, M.D., Ph.D., of Licking Memorial Hematology/Oncology highlighted the Hospital's oncology team. LMHS President & CEO Rob Montagnese recognized the attending cancer survivors and thanked family and friends for the continued support that they provide to loved ones during their cancer journey.

Walk with a Doc

LMHS Active Medical Staff physicians were joined by community members as they enjoyed a walk at various locations in Licking County, including The Dawes Arboretum and the Buckeye Lake Bike Path. During the walk events, the physicians led discussions on various topics, such as post-traumatic stress disorder (PTSD), skin cancer, and vaccinations.



Family Movie Night

On June 2, LMHS hosted a free Family Movie Night. More than 150 community members attended the event at the Pataskala Health Campus for an evening of active play on a variety of inflatable fun areas. Afterward, attendees enjoyed a viewing of the Warner Brothers film, Space Jam: A New Legacy, on a 30 foothigh inflatable screen. Families were also provided healthy snacks and beverages at no cost to enjoy as they watched the movie.

Be Wise...Immunize

In October, LMHS offered free influenza vaccines to Licking County infants and children. More than 300 youth, up to the age of 18, attended the "Be Wise ... Immunize" Youth Vaccination Clinic at Licking Memorial Women's Health – Downtown Newark and Licking Memorial Pediatrics – Pataskala. Staff members from Licking Memorial Pediatrics administered the vaccines after consulting with the children's parents.



Lifetime Achievement Reception

Each year, the LMH Development Council hosts the Lifetime Achievement Reception to recognize those individuals whose actions provide a better quality of life for citizens of Licking County. On November 2, the 2023 Lifetime Achievement Award recipient, Patrick D. Guanciale, was recognized for championing the Licking County community to promote economic development. Created in 1989, the Lifetime Achievement Award is the highest honor that LMHS bestows each year. The 2023 Mary Jane McDonald Building a Healthier Community Award was presented to the Buckeye Valley Family YMCA. The organization was honored for putting their unique principles into practice through programs that build a healthy spirit, mind, and body for all.

Community Outreach

Licking Memorial Health Systems (LMHS) is committed to our mission to improve the health of the community. The best way to protect community health is to prevent injury and disease; therefore, LMHS devotes many resources to educating the public about healthier lifestyles and proper medical care. In addition, LMHS is committed to giving back to the community through support of local groups and events.

The public is informed of all LMHS programs and health trends through press releases, local media, social media, the seasonal Community Connection magazine, monthly Quality Report Cards, and an extensive website.

LMHS partnered with many local organizations, such as the American Red Cross and Career and Technology Education Centers of Licking County (C-TEC), throughout 2023 for various events, including blood drives and Active • Fit and Active • Senior events. Most of LMHS' programs and screenings are offered free of charge. Others are provided at a nominal cost.

2023 events, programs, and sponsorships included:

January

Events

Active Senior Yoga

Licking Memorial Hospital's 125th Birthday Celebration

 Winter Essentials and Monetary Donations by LMHS Employees Provided to The Center for New Beginnings and The Salvation Army of Licking County

Ongoing Monthly Programs - Childbirth Education Classes, CPR Classes, LMHS Self-management Diabetes Program Walk with a Doc Program

Community Support—

Buckeye Valley Family YMCA, Western Branch Capital Campaign Donation

Center for Disability Services, Capital Campaign Donation Food Pantry Network, Supermarket Sweep Sponsorship Hebron Youth Softball, Banners and Teams Sponsorship Licking County Chamber of Commerce, Groundhog Breakfast

Table Sponsorship Licking County Coalition of Housing, Annual Campaign Donation

Licking County Community Center, Health & Wellness Programs Donation

The Midland Theatre, "It's Showtime!" Sponsorship Mound City Little League, Banner Renewal Commitment Sponsorship

Ohio Hitmen 11U, Fan Level Sponsorship

The Ohio State University Foundation, Madden Center for Excellence for Parkinson's Disease in Memory of Earl F. Hawkins Donation

United Way of Licking County, CPC Speed Networking Silver Sponsorship

Young Life Licking County, Young Life's Trivia Night Bronze Sponsorship

February

Events -

Active•Senior Bingo Active•Senior Yoga

Community Education – Healthier for Life Community Education – Heart Health

Corporate Breakfast Program – 2022 ... The Year in Review and a Look Ahead to 2023

Groundhog Breakfast

Habitat for Humanity Build Days

Ongoing Monthly Programs - Childbirth Education Classes, CPR Classes, LMHS Self-management Diabetes Program Walk with a Doc Program

Community Support-

American Red Cross, Blood Services Vehicle Sponsorship Big Brothers Big Sisters, Ultimate Corporate and Bowl for Kids Sake Sponsorship

Buckeye Valley Family YMCA. Friends of the Y Annual Campaign Donation

Central Ohio Technical College, Blue Line Twilight Run Sponsorship

Central Ohio Technical College, James Knight's Presentation on Cultural Humility Sponsorship

City of Pataskala, Pace with Passion Corporate Sponsorship Granville Area Chamber of Commerce, 43023 Day Event Level Sponsorship

Granville High School, Pennies for Patients Pickleball Gold Sponsorship

Granville Recreation District, Four Teams and Banner Renewal Sponsorship

Grow Licking County, Funding Committee Donation Heath High School Band Boosters, Banner Renewal Sponsorship

Heath High School Softball Boosters, Field Sign Sponsorship

Johnstown High School Choir Boosters, Gold Sponsorship LCL-MVL All Star Game, Annual Licking County All Star Football Game Sponsorship

Licking County Athletic Boosters, Home Run Package Sponsorship

Licking Valley Youth Sports Association, Home Run Sponsorship

Newark Catholic High School Athletic Association, Baseball Field Fence Advertisement Renewal Sponsorship North Newark Little League, Triple Package Sponsorship

Northridge Athletic Boosters, One Year Sponsorship Northridge Athletic Boosters of Licking County, Viking Level Sponsorship

PBJ Connections, Annual Helping Horses Help Kids and Others Sponsorship

The Sellers Foundation, Scholar Dinner Sponsorship

St. Francis de Sales School, Ladies Night Out Purse Bingo Sponsorship

Sheridan High School Choirs, Associate Sponsorship Simon Kenton Council, Boy Scouts of America Operating

Support Sponsorship Southwest Licking Youth Baseball, Grand Slam Sponsorship United Way of Licking County, 90 Year Anniversary Corporate

Sponsorship Utica High School Baseball, Sign Renewal Sponsorship

Utica High School Softball, Sign Sponsorship Welsh Hills School, Auction Sponsorship

The Woodlands, Kate Spade Level Sponsorship Zonta Club of Newark, Annual Champagne Luncheon Sponsorship

March

Events

Active Fit Junior Chef

Active Senior Game Show

Active•Senior Yoga

American Red Cross Blood Drive at LMH

Community Leader Roundtable with 2022 Advocate 20

Corporate Breakfast Program – The Chris Herren Story COTC Healthcare Expo

Habitat for Humanity Build Days

National Doctors' Day

Ongoing Monthly Programs – Childbirth Education Classes, CPR Classes, LMHS Self-management Diabetes Program Walk with a Doc Program – Colon Cancer Awareness Month Resource Fair

Community Support—

Alexandria Fun Days, Back Cover Sponsorship American Heart Association, Field Day Presenting Sponsorship

Big Brothers Big Sisters, Bowl for Kids Sake Sponsorship Buckeye Valley Family YMCA, Healthy Kids Day Sponsorship Central Ohio Youth Ballet, Spring Production Sponsorship Coalition of Care, Fashion with Compassion Premiere Level Sponsorship

COTC and The Ohio State University at Newark. Independence Day Concert and Fireworks Blue Sponsorship

C-TEC, Outstanding Medical Assisting Student and Outstanding Clinical Care Student Sponsorships

ELCC, Partner in the Work Spring Auction for Education Sponsorship

Granville Christian Academy, Knight on the Court Auction Captain Sponsorship

Granville Recreation District, Run Club Sponsorship Heath Athletic Boosters, Track and Field Sponsorship Heath Sertoma Youth Athletic Association, Team and Home

Run Fence Sponsorship

Hebron Elementary School, Playground Donation Liberty Christian Academy Athletic Department, Athletic Scholarship Sponsorship

Licking County Coalition for Housing, Partner Sponsorship Licking County Homeschoolers, Field Day Sponsorship Licking Valley Heritage Society, Licking Valley Ledger Ad

Sponsorship Newark Catholic High School, Emerald Level Touch of Class **Auction Sponsorship**

Newark Development Partners, Renovation of Historic Arcade Extra Pledge Donation

Newark High School, Newark Youth Softball Sponsorship Northridge Youth Athletic Association, Baseball and Softball Sponsorships

Ohio Arts Council, Ohio Arts Council Governor's Awards Premiere Sponsorship

OhioCAN Licking, 10 Years of Stomping Out the Stigma Gold Sponsorship

Ohio's Hospice of Central Ohio, Golf Classic Gold Sponsorship

Public Health Partnership, Tee Off for Ta-tas Breast Friend Sponsorship

Robbins Hunter Museum, Celebrating Daffodils Sponsorship Ronald McDonald House Charities of Central Ohio. Campaign Contribution

Rotary Club of Granville, Granville Firecracker Five Rotary Club of Granville, Granville Inn Chili Cook-off Sponsorship

Rotary Club of Granville, Taste of Granville Sponsorship Rotary Club of Pataskala, Flags Over Pataskala Gold Sponsorship

April

Events-Active•Fit Health & Fitness Fest

Active•Senior Dance

Active•Senior Yoga

Community Education – COPD

Community Leader Roundtable with Youth Program Leaders Habitat for Humanity Build Days

Ongoing Monthly Programs - Childbirth Education Classes, CPR Classes, LMHS Self-management Diabetes Program Volunteer Recognition Dinner Walk with a Doc Program

Community Support—

20th Century Club, Camp O'Bannon Fundraising Campaign Silver Sponsorship

American Childhood Cancer Organization, Karis' Cause 5K Gold Sponsorship

Buckeye Valley Family YMCA, Don Edwards Field Sponsorship

Food Pantry Network of Licking County, Operation Feed Campaign Contribution

Licking County Chamber of Commerce, Table for Local Leaders Breakfast – Development in Licking County Sponsorship

Licking County Trap-Neuter-Return, Feral Fling Silver Sponsorship

Ohio Hospital Association, OHA Awards Reception and Dinner for LMHS Employee Sponsorship

Ohio's Hospice of Central Ohio, Golf Classic Foursome Sponsorship

May

Events-Active•Senior Yoga American Red Cross Blood Drive at LMH Caregivers Expo Habitat for Humanity Build Days Ongoing Monthly Programs – Childbirth Education Classes, CPR Classes, LMHS Self-management Diabetes Program

Pastoral Care Breakfast

Pre-participation Sports Screenings for Licking County Student Athletes

Project SEARCH Graduation Special Care Nursery Reunion

TWIGS Recognition Dinner Walk with a Doc Program

Community Support-

Alzheimer's Association, The Longest Day Event Sponsorship BHP of Central Ohio, Wellness Garden Blooming Sponsorship Boys & Girls Club of Newark, Operating Support Pledge Donation

Buckeye Valley Family YMCA, ACE Sponsorship Canal Market District and Enterprise Hub, Market Sponsorship

Granville Athletic Boosters, Athletic Complex Fund Campaign Contribution

Grow Licking County, Table for Infrastructure Luncheon Sponsorship

Habitat for Humanity MidOhio, House Sponsorship Kiwanis, Platinum Sponsorship

Lakewood Athletic Boosters, Football and Soccer Banner Renewal Sponsorship

Licking Valley Gridiron Association, Hole Sponsorship Mental Health America, Lou Mitchell Memorial Tournament Sponsorship

Newark High School Band Boosters, Pride of Newark Marching Band Sponsorship

Newark Ice Hockey Association, Hole and Team Sponsorship Newark Ohio Pride Coalition, Green Sponsorship Ohio's Hospice of Central Ohio, Butterfly Release Monarch

Sponsorship Pataskala Public Library, Capital Campaign Contribution Ronald McDonald House Charities of Central Ohio, One

June

Active Fit & Active Senior Bowling Active•Fit Movie Night Active Senior Celebration Active•Senior Yoga American Red Cross Blood Drive at LMH Camp Feelin' Fine

Team and Court Sponsorship

Cancer Survivors Picnic

Community Education – Living Well with Hearing Loss Defeating Cancer Program – Skin Cancer Screenings

Donor Appreciation Dinner Habitat for Humanity Build Days

Ongoing Monthly Programs – Childbirth Education Classes, CPR Classes, LMHS Self-management Diabetes Program Walk with a Doc Program

Community Support—

20th Century Club, Camp O'Bannon Golf Outing Sponsorship Church of the Blessed Sacrament, Friends of the Festival Sponsorship

Fostering Further, Contest Sponsorship

GMP Local 244 Welfare Committee/Kingdom Pillars.

Kingdom Pillars USW Golf Scramble Platinum Sponsorship Granville Area Chamber of Commerce, 15th Annual Golf Outing Eagle Sponsorship

Heath Sertoma Youth Athletic Association, HSYAA Baseball All-stars Sponsorship

Licking County Transit, Operating Expenses of the Main Street Line 1 Sponsorship

Licking Land Trust, Bronze Sponsorship

The Midland Theatre, Newark Summerfest Place Sponsorship Newark Campus Development Fund, Alford Science and

Technology Center Sponsorship

Newark Catholic High School, Inspire Campaign Contribution Newark High School Athletic Department, 2023-2024 School Year Premiere Sponsorship

Pataskala Area Chamber of Commerce, 33rd Annual Golf Outing Platinum Sponsorship

Simon Kenton Council Boy Scouts of America, Licking County Mayor's Breakfast Sponsorship

St. Vincent Haven, Charity Golf Outing Gold Sponsorship Watkins Memorial Athletic Association, Watkins Football Team Golf Outing Football Donation

Watkins Memorial High School, Cheerleading Sponsorship

July

Events -Active•Senior Yoga

American Red Cross Blood Drive at LMH

Ask the Doc

Camp A1C Camp Med – A Two-day Camp for High School Seniors Interested in Pursuing a Career in the Healthcare Field "For Your Health" 5K Run/Walk & 1-mile Fun Walk

Ongoing Monthly Programs - Childbirth Education Classes, CPR Classes, LMHS Self-management Diabetes Program

Community Support—

Children's Defense Fund Freedom Schools of Licking County, Summer Program Operating Support Donation

The Energy Cooperative, Bruce Sumner Memorial Eagle Sponsorship

Granville Athletic Boosters, Granville Cup Hole and Team Sponsorship

Heath High School, Don Hardin Cross Country Invitational Brown Level Sponsorship

The Learning Spectrum, LLC, Alpaca Trot Gold Sponsorship

Licking County 4-H Committee, Golf Outing Hole Sponsorship

Licking County Chamber of Commerce, 20th Annual Gala Silver Sponsorship

Licking County Farm Bureau, Celebration of Agriculture Silver Sponsorship

McKean Baseball League, Fall Season Operations Donation Newark Citizens Police Academy Alumni Association, Battle of the Badges for Local Animal Rescues Donation

Newark Development Partners, Historic Arcade Renovation Donation

Newark Organization for the Creative Arts, Hot Licks Blues Fest Gold Sponsorship

Ohio Professionals Health Program, Contribution Utica Sertoma, Golf Outing Hole Sponsorship

August

Events-

Active•Fit Field Dav

Active•Senior Brunch Walk Active•Senior Yoga

Walk with a Doc Program

Community Support—

Initiative Sponsorship

Sponsorship

Sponsorship

Sponsorship

Sponsorship

Sponsorship

Acute Inpatient Rehabilitation Reunion

Ask the Doc

Camp Cool

Community Education – Vertigo: Disorders of the Inner Ear and Balance

Community Leader Roundtable with Athletic Directors Licking Memorial Health Center at Licking Heights High School Ribbon Cutting Open House

Ongoing Monthly Programs – Childbirth Education Classes, CPR Classes, LMHS Self-management Diabetes Program Preparing for Baby – A Resource Fair

City of Pataskala, Soccer Tea and Park Sponsorship

Fraternal Order of Police Lodge #127, Golf Outing

Habitat for Humanity-MidOhio, Playhouse Project

Heath Community Arts Council, Flashy Sponsorship

Licking County 4-H Committee, Golf Outing Hole

Heartbeats, Stewardship Rally Sponsorship

Habitat for Humanity-MidOhio, Licking County Habitat

Hartford Fair Livestock Sale, Meat Donation to The Salvation

Licking County Community Center, Black Friday Fundraiser

Licking County Players, Inc., It's A Wonderful Life Show

Lighting Donation

Sponsorship

Sponsorship

Sponsorship

Newark Catholic High School, Together We Rise Capital Campaign Contribution

Newark City Schools, Citizen of the Month Luncheon

Newark City Schools, Cops and Kids Donations

Programming Bronze Sponsorship

Trailblazer Football League, 10U Lancers Football Donation

Lou & Gib Ice Arena, Pickleball Tournament Sponsorship Minuteman Press, Kiwanis Fish Fry Advertisement Printing Donation

Newark City Schools Athletics Department, Baseball Field Turf Project Donation

Ohio State Newark Advancement Office, Pelotonia One Goal Sponsorship

Pelotonia, Medical Team Sponsorship

Sophia's Angels Foundation, Corn Hole for a Cause Sponsorship

September

Fvents—

Active•Senior Yoga

American Red Cross Blood Drive at LMH

Ask the Doc

Community Education – Healthier for Life Community Leader Roundtable with Educators

Corporate Breakfast Program – What's New at Licking Memorial Health Systems

Golf Gala

Ongoing Monthly Programs - Childbirth Education Classes, CPR Classes, LMHS Self-management Diabetes Program Walk with a Doc Program

Community Support—

Kingdom Pillars, 4th Annual Walk a Mile in Her Shoes Donation

Licking County Aging Partners, Entree Sponsorship Licking County Chamber of Commerce, Table for "About

Town" Series Sponsorship Licking County Courthouse Lighting Committee, Courthouse

Licking Valley Middle School, Robotics Team Silver Level

Millersport Lions Sweet Corn Festival, Stars and Stripes Annual Rockin' the Block: Supporting First Responders

Newark Catholic Athletic Association, Hall of Fame

Sponsorship

Newark-Granville Symphony Orchestra, Children's

St. Luke's Church, Granville Turkey Trot Shirt Sponsorship

October Events-

5,000 Hour Club Luncheon Active•Senior Gourmet Gardener

Active Senior Pickleball

Active•Senior Yoga

American Red Cross Blood Drive at LMH

Ask the Doc

Be Wise ... Immunize

Community Education – Dining with Diabetes

Defeating Cancer Program – Skin Cancer Screenings

Former Board Member Dinner Interventional Cardiology Reunion

Ongoing Monthly Programs – Childbirth Education Classes, CPR Classes, LMHS Self-management Diabetes Program Walk with a Doc Program

Community Support—

Big Brothers Big Sisters, Beat Michigan Bash Table Sponsorship

Granville Area Chamber of Commerce, Christmas Candlelight Walking Tour Platinum Sponsorship

Heath Girls Biddy Basketball, Gold Sponsorship Hope Valley, Unmasking Hope Event Professional

Sponsorship Licking County Chamber of Commerce, Business and Industry Showcase for Educators Table Sponsorship

Licking County Chamber of Commerce, Education and Workforce Readiness Table Sponsorship

Licking County Chamber of Commerce, Ultimate Promoter Package Sponsorship

Licking County Family YMCA, Run Run Reindeer Run/Walk Reindeer Sponsorship

The Licking County Master Gardener Volunteers, Sponsorship Mental Health America of Licking County, Annual Dinner and Celebration Table Sponsorship

The Midland Theatre, "It's Showtime!" Campaign Contribution

Newark Citizens Police Academy Alumni Association, Newark City Baseball Fields Donation

Rotary Club of Newark Ohio, Bourbon and Wine Night Fundraiser to End Polio Sponsorship

The Thomas I. Evans Foundation, FRAMEWORK Campaign Contribution

Together We Grow, Inc., Community Gardens Grasshopper Sponsorship

United Way of Licking County, Campaign Donation Weathervane Playhouse, Presenting Sponsorship Young Life Licking County, Fundraising Banquet Silver Sponsorship

November

Events-

Active•Senior Yoga

American Red Cross Blood Drive at LMH Corporate Breakfast Program – Vaping and Drug Use

Disorders Defeating Cancer Program – Lung Cancer Presentation Lifetime Achievement Reception

Ongoing Monthly Programs – Childbirth Education Classes, CPR Classes, LMHS Self-management Diabetes Program Walk with a Doc Program

Community Support—

Big Brothers Big Sisters, Holiday Shoppers Program Sponsorship

The Catholic Foundation, Building Hope Comprehensive Campaign Contribution

Central Ohio Technical College, Community Inter-cultural Relations Conference Platinum Sponsorship Downtown Newark Association, Wonderland Walk

Sponsorship

Granville Recreation District, Kindergarten and First Grade Basketball Sponsorship

Hanover Boom, Sponsorship

A Kid Again, Sponsorship Licking County Alcoholism Prevention Program, Annual

Evening of Giving Commitment Sponsorship Licking County Chamber of Commerce, Groundhog Breakfast Table Sponsorship

Licking County Chamber of Commerce, Local Leaders of Philanthropy and Non-profit Breakfast Table Sponsorship Licking County Foundation, Betty Carolyn Barnes Memorial Donation

Licking Valley Music Boosters, Band Uniform Sponsorship National Child Safety Council, Annual Child Safety Education Program with Licking County Sheriff Department Sponsorship

United Way of Licking County, Corporate Sponsorship

December

Events-

Community Leader Roundtable with Manufacturers Newark Area Financial Planning Meeting

Ongoing Monthly Programs - Childbirth Education Classes, CPR Classes, LMHS Self-management Diabetes Program Tree of Life

Walk with a Doc Program

Donation

Community Support-

A Call to College, Newark City Schools Sponsorship St. Francis de Sales School, Ladies Night Out Purse Bingo Sponsorship

Together We Grow, Inc., Fundraising Gala Sponsorship Village Creative Dance, Senior Dance Classes Sponsorship The Woodlands, Expect Respect and Teen Violence Program

Speakers Bureau, Health Fairs, and Screenings

In 2023, LMHS provided speakers and health screenings to the community through the following organizations and events:

American Heart Association Field Day Annual Overdose Awareness Day Rally Anomatic - New Albany Health Fair Anomatic - Newark Health Fair Battle of Broad Street Ben Franklin Back to School Expo Boeing Employee Health Fair Boys & Girls Club of Newark Canal District Farmer's Market Cancer Survivors Oncology Event Community Safety Expo C-TEC – Career Camp, Open House, and Roundtable

Downtown Newark Association Granville Farmer's Market Granville Fire Department Open House

Hartford Fair – Purchased steer for donation to The Salvation Army

Harvest Moon Festival Haunted Happenings Heartbeats

Heath Fire Department Open House

Heath Middle School Hebron Library

Hillview Elementary - Summer Reading Kick-off

Inclusive Family Resource Fair

Johnstown High School Football Game Johnstown Library

Licking County Aging Partners Licking County Chamber of Commerce Safety Council

Licking County Community Center

Lakewood Schools Resource Fair

Licking County Library Licking County Library – Johnstown

Licking Heights Cultural Fair

LMHS Fit Fun Day Main Street Christmas – Pataskala Cookie Walk and Parade Marne United Methodist Church

Speakers Bureau, Health Fairs, and Screenings (Continued)

MPW Health Fair
Newark Catholic High School
Newark Kiwanis – Meeting
Newark Ohio Pride Festival
Newark Rotary
Newton Elementary Walk-a-thor

Newark Rotary
Newton Elementary Walk-a-thon
Oncology Outreach Event
Outdoor Adventures
Owens Corning
Pace with Passion Healthy Kids Day

Pataskala Street Fair and Parade Pelotonia Pink Strides 5K Rev Local Health Fair Safe Trick or Treat on the Square Senior Health and Wellness Expo Stomp Out the Stigma Summer Kick-off Teddy Bear Clinic

TOPS

Tour de Buckeye Lake
The United Way Panel
Washington Square Apartments
West Licking Fire Department
Wilson Middle School
Women Helping Women Event
YMCA Y on the Fly
Youth in Government Day

Employment

Licking Memorial Health Systems (LMHS) has provided employment opportunities for Licking County residents for more than 125 years. LMHS is the primary healthcare provider in Licking County and has an established reputation as the community's leading healthcare provider. This distinction is largely due to the dedication of LMHS' 2,400-plus employees who serve diligently to improve the health of the community.

LMHS has high standards for its employees and believes in recognizing and rewarding their accomplishments through various celebrations, including monthly Dining with the Stars recognitions, employee birthday events, annual recognition events, as well as daily on-the-spot and peer recognition programs. LMHS also offers a comprehensive benefits package that includes a retirement savings plan, tuition assistance, free uniforms, and free access to an employee wellness center, in addition to excellent health, dental, and vision insurance. At the end of 2022, LMHS introduced a new pet adoption benefit. In partnership with the Licking County Humane Society and Licking County Dog Shelter, employees who adopt a pet from either agency can seek reimbursement for the adoption fees, up to \$235 per adoption.

125 Years of Caring at LMHS

In January 2023, employees celebrated 125 years of providing quality healthcare to the community with a donation-themed celebration. Divided into interdepartmental teams, a friendly competition occurred to determine which groups could donate the largest quantity of cold weather items in pounds, and the most monetary donations. After all items were weighed, contributions equaled 165.4 pounds of cold weather items (outerwear, blankets, etc.), while monetary donations reached \$9,862. The collected goods were donated to The Center for New Beginnings and The Salvation Army of Licking County to help needy individuals and families in Licking County stay warm during the cold winter months.

National Doctors' Day

National Doctors' Day provides the opportunity to honor physicians throughout the U.S. each year who guide and treat patients to positively impact their health. During the month of March, LMHS celebrates the Licking Memorial Hospital (LMH) Active Medical Staff and their dedicated service. Patients from the community are also invited to recognize physicians by giving a donation to Licking Memorial Health Foundation (LMHF) in their physician's honor. The LMH Active Medical Staff is comprised of 163 physicians and 57 consulting physicians who provide their expertise and care to the community.

Hospital and Healthcare Week

During the annual observance of National Hospital & Healthcare Week in May, LMHS paid tribute to

all employees who contributed to the organization's award-winning care. The five-day celebration in May included a variety of activities such as bingo, breakfast treat and lunch food trucks, massages, an employee recognition event, prize drawings, and an employee carnival with numerous fun games, prizes, and carnival-themed foods. To conclude the week's celebration, the Clarissa Ann Howard Nursing Award for Clinical Excellence and MVP awards were presented.

Employee Recognition Event

On May 16, LMHS employees who observed an anniversary in a five-year increment in 2023 were invited to the John Gilbert Reese Center at The Ohio State University – Newark/Central Ohio Technical College campus for the annual LMHS Employee

Recognition Event, which featured a game show theme and offered honorees an opportunity to win prizes. 259 employees were recognized for their five-year anniversaries. Employees celebrating 35-, 40-, and 45-year anniversaries received a framed proclamation for their dedicated service at LMHS. The event also featured the Manager of the Year awards, as well as the new LMHS Healthcare Worker of the Year award.

Medical Staff Recognition

In October, LMH held the annual Medical Staff Recognition Dinner at Moundbuilders Country Club to show appreciation for LMHS physicians and their dedication to improving the health of the community. LMH Chief of Staff Andrew Seipel, M.D., introduced new physician appointees and recognized those celebrating five-year anniversaries. To conclude the event, LMHS President & CEO Rob Montagnese also presented the 2023 Physician of the Year award to Bradley R. Lewis, M.D., of Licking Memorial Anesthesiology. The award recognizes a physician who has consistently demonstrated care and concern for patients, clinical knowledge, and a good relationship with peers and other Hospital staff members.

Birthdays with Rob Celebrations

LMHS President & CEO Rob Montagnese hosted six birthday celebrations for employees in 2023. Employees had the opportunity to win prizes, enjoy refreshments, receive a gift for attending, and join in open discussions regarding any LMHS matter or issue.

Dining with the Stars

The Dining with the Stars program is designed to thank individuals and departments when positive feedback about their customer service is submitted to LMHS. Each honoree received a letter of appreciation and was invited to a luncheon or breakfast with LMHS President & CEO Rob Montagnese.

Fall Employee Cookout

In September, LMH hosted a special recognition cookout to congratulate all employees for continually providing quality care and services to the Licking County Community. Employees enjoyed a menu of barbecue favorites as LMHS President & CEO Rob Montagnese served popcorn and gave away special NFL team cups.









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Fundraising

Charitable donations help Licking Memorial Health Systems (LMHS) proactively respond to the growing healthcare needs of the community through the incorporation of the latest technological advances. To generate funds for equipment purchases, capital expenses, and facility improvements, the Licking Memorial Hospital (LMH) Development Department works diligently to raise contributions to Licking Memorial Health Foundation (LMHF). The contributions provide capital for projects and programs that may otherwise go unfunded and are not used for salaries or general operating expenses.

In 2023, LMHF supported the installation of new and replacement state-of-the-art technology in the Radiology and Laboratory Departments. Three nuclear medicine cameras, a bone density machine, stereotactic breast biopsy unit, and numerous ultrasound units and X-ray machines were upgraded and added to various providers locations, maximizing image quality. To meet the rapidly changing field of laboratory medicine, the newest generation of chemistry instrumentation in our Microbiology and Molecular Lab was implemented, providing a broader test menu and faster result turnaround times. This advanced equipment further enhances patient experience, improves patient outcomes, promotes safety, and ensures availability of high-quality healthcare close to home.

Community Cornerstone Club

The Community Cornerstone Club is comprised of individuals and businesses who contribute an annual gift of \$100 or more to LMHF. In 2023, 192 members raised \$66,100 toward the new and replacement equipment for the Radiology and Laboratory Departments.

The Caduceus Society

Physicians have a special opportunity to lend financial support through The Caduceus Society, a prestigious giving level for physicians who pledge \$10,000 or more over a period of 10 years. The Caduceus Society has a total of 87 members. Ejaz Ahmad, M.D., joined in 2023.

The William Schaffner Society

The William Schaffner Society, which was created in memory of William Schaffner – the first chair of the Licking County Hospital Commission, now has 138 members who have pledged a minimum of \$10,000 over 10 years. New donors in 2023 were Cecilia K. Boll-Pool, Diana Ermlich, Michael A. Noble, Jr., Kris Richard, Wesley Van Meter II, and In loving memory of Joe Yee by Sue Yee.

Golden Corporate Honor Roll

The Golden Corporate Honor Roll distinguishes companies that have made a total commitment of

\$10,000 or more to LMH. Participation in this program signifies the company's alliance with the Hospital to ensure the continuation of excellent healthcare services. The Golden Corporate Honor Roll has a total of 12 members.

The John Alford Fellowship

The John Alford Fellowship was created to memorialize the extraordinary commitment of LMH's long-time supporter, John W. Alford. Members pledge a minimum of \$25,000 over 10 years. The John Alford Fellowship has a total of 47 members. New members in 2023 were Keith and Heather Burkhart, The Hagele Family, Kenneth C. Parker, M.D., and Family, Dr. Howard & Sara Reeves, and Cynthia Steen Young and James T. Young.

Platinum Circle

The Platinum Circle is reserved for LMHF's business and corporate donors who have contributed a minimum of \$25,000. These gifts enable LMH to purchase new equipment and provide additional services to meet the healthcare needs of the residents of Licking County. The Platinum Circle has a total of 13 members.

Benefactor Level

Benefactors are special friends of LMH, both individuals and businesses, who support the LMHS mission to improve the health of the community by donating \$50,000 or more. LMHF has 16 Benefactors, including 11 individuals and 5 corporations, following a generous commitment from Janine and Brian Mortellaro in 2023.

Founder Level

Founders are altruistic individuals who have made outstanding contributions to LMHF by providing gifts of \$100,000 or more. LMHF is fortunate to have 26 Founder memberships.

LMH Golf Gala

The annual LMH Golf Gala took place at the Denison Golf Club on September 18, with Marcia and Jonathan Downes serving as Honorary Chairs. The team of LMH Vascular Surgery, which included Max Phillips, Theresa March, D.O., Howard Reeves, D.O., and William Phillips, D.O., took first place. This year's **Club** Sponsor (\$7,500 and above) was Denison University. The Condor Sponsors (\$7,500 and above) were Park National Bank and TrueCore Federal Credit Union. Ace Sponsors (\$5,000) included The Hinderer Motor Company; Matesich Distributing Company; MedBen; Southgate Corporation; Stedman Floor Co., Inc.; and WIN Waste Innovations. **Eagle Sponsors** (\$2,500) included Affordable Portables: AssuredPartners: Bricker Graydon; Claypool Electric, Inc.; Coconis Furniture; Courtesy Ambulance, Inc.; Delta Dental;

The Energy Cooperative; First Federal Savings; The Granville Investment Group; Gutridge Plumbing, Inc.; Hatchet House: Henderson~Van Atta~Stickle Funeral & Cremation Service: Kessler Sign Company: The Laurels of Heath; Limbach Company, LLC; Mattingly Family Foundation; The Jerry McClain Companies: Mid-Ohio Development Corporation; Midstates Recreation: Mill Tech, LLC: Modern Office Methods; Monte Christopher Holdings; Mortellaro McDonald's: MPW Industrial Services/Porta Kleen: Newark Radiation Oncology, Inc.; Northpoint Ohio Architecture; Owens Corning; Papa Boo's; Scott Peterson of General Graphics; PNC Bank; Robertson Construction Services, Inc.: Shai-Hess Commercial Real Estate; Summit Home Care & Hospice; and United Collection Bureau, Inc. The **Driver Sponsor** (\$1,500) was Brett Lowe Mechanical, Inc.; the Games Sponsor (\$1,500) was OhioHealth; the Pro Sponsor (\$1,500) was Griffin's Floral Design & Wine Shop; and the Holein-One Sponsor was The Hinderer Motor Company. The **Birdie Sponsors** (\$1,000) were 89.3 The River; Anomatic Corporation; Anonymous; Jerry & Betty Ashcraft; Craig Cairns, M.D., M.P.H.; Central Ohio Technical College; CK Construction; Flint Ridge Nursing & Rehabilitation; Going Green Services; Guanciale Group of Coldwell Banker Realty; Heckman's Lawn Service; Hospice of Central Ohio, Inc.; Imprivata; In Memory of Rodney Tyler Garner; Korda/Nemeth Engineering; Kevin & Megan Miller; Mitchell Systems; Moyer Group Wealth Management of Raymond James; NBC4; Reese Pyle Meyer PLL; Rotary Club of Newark; Sunny 95; and Ben & Susan Zwiebel. A total of 168

PRIDE

than \$230,000.

Employees have a special opportunity to support LMHS with charitable contributions through payroll deductions to PRIDE (Providing Resources in Dedicated Employees). As of December 2023, PRIDE had 832 members. Since 1987, PRIDE contributions total almost \$4 million.

golfers played in the 2023 Golf Gala, which raised more

Paving Our Future Commemorative Bricks

The LMH Development Council offers a distinctive way to recognize family members, friends, or organizations with commemorative bricks. Personalized bricks are available in two sizes and are placed in one of LMH's exterior walkways. A total of 8 commemorative bricks were purchased and placed on the grounds in 2023.

Honorary and Memorial Giving Program

Many community members appreciate the opportunity to pay tribute to a loved one, commemorate a special event, or celebrate a recovery through monetary contributions that benefit LMH. In 2023, LMHF received 4 honorary and 28 memorial donations.

Doctors' Day Donations

In recognition of Doctors' Day on March 30, community members are invited to express appreciation for a favorite physician by making a donation to LMHF in his or her name. A total of 47 physicians were honored through donations in 2023.

Cradle Roll

The births of 76 babies were commemorated through gifts to the Cradle Roll program in 2023. Community members offering gifts of \$150 to \$249 receive a handcrafted step-up stool, while those with gifts of \$250 or more receive a handcrafted child-size rocker. The name of the baby and donor are placed in the Cradle Roll Log in the LMH Main Lobby for any gift of \$25 or more.

Development Council

The Licking Memorial Hospital (LMH) Development Council was established in 1987 to increase charitable giving to LMH and to enhance and promote meaningful community relations for the Hospital. Approximately 80 community members with diverse backgrounds and expertise serve on the Development Council committees. They are committed to furthering the LMHS mission of improving the health of the community.

The LMH Development Council operates under the guidance of Licking Memorial Health Foundation (LMHF), a not-for-profit corporation that conducts fundraising activities to benefit and support the Hospital. LMH is financially sound, but remains subject to financial difficulties, including government cutbacks in Medicare and Medicaid reimbursements, revenue shortfalls, and the continuing cost of charity care. Donations to LMHF provide for capital needs, services, and programs at LMH that may otherwise go unfunded.

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Ben Streby Iulio Valladares Charles Walker Bart Weiler

TWIGS

Since 1950, local TWIGS (Togetherness, Willingness, Imagination, Giving and Sharing) committees have donated nearly \$6 million toward equipment and capital purchases at LMH. They raise funds year-round through sales and special events. In 2023, TWIGS contributed more than \$100,000 to the Hospital.

There are four active TWIGS Committees that continue to support LMH. The current Chairs of the individual TWIGS Committees are: Cathy Beatty – TWIGS 6, Betty Siarnicki – TWIGS 8, Sharon Wills – TWIGS 13, and Janet Wells – TWIGS 24. The members of the TWIGS Executive Board are: Marilyn Weber, Chair; Lynne Rotruck, Vice Chair and Assistant Treasurer; Darlene Baker, Treasurer; and Janet Wells, Recording/Corresponding Secretary. For information about becoming a TWIGS member, please call (220) 564-4084.



Volunteers

In 2023, Licking Memorial Hospital (LMH) volunteers donated 12,221 hours to assist with many important tasks, such as greeting visitors, assisting with Hospital mailings, transporting patients, delivering mail and newspapers, and helping guide visitors to their appointments in the Hospital and off-campus buildings. LMH is appreciative of each volunteer and their selflessness to serve the Hospital in its mission to improve the health of the community.

In recognition of their service, the annual Volunteer Recognition Dinner was held in April. The event included the presentation of service awards in five-year increments. The celebration concluded with the announcement of the 2023 Donald Day Volunteer of the Year award to Julie Wiegman and Dave Douglas. Together, Julie and Dave have contributed nearly 3,500 service hours to LMH. The members of the Volunteer Executive Board are: Julie Wiegman – President, Karen Hedrick – Vice President, Malissa Moran – Corresponding Secretary, and Pat Law – Recording Secretary.

Helen Norris

Corey Peck

Allie Pettet

Jennifer Piper

Jazmyn Rafique

Lindsay Schilling

Emilio Schwier

Sue Shaffer

Alan Smith

Sadie Smith

David Solomon

Denny Stewart

Pat Shipp

Bob Pisano

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Shelene Day Karen Dellner Dave Douglas Caroline Dufour Isabelle Ewing Bill Fielding Bob Gabe Candice Gavden Morgan Gilmore Marla Goldsberry Ieri Good Rene Halblaub Ion Harper Karen Hedrick David Hiatt Dennis Himes Sue Hopper Diana Hufford

Liesha Hurwitz

Cindy Kikeli Emad Kousa Brenda Land Dolly Landrum Pam Lash Jesse Lau Pat Law Hayoung Lee Iulie Lee Melissa Loomis Susan Manausa Luke Martinucci Kim McCartnev Thelma McCurdy Weston Misel Malissa Moran Gary Morton

Nancy Morton

Aidan Isler

Mary Stewart Ralph Ottensmeier Eiman Stiffler Mary Stucko Robin Stukev Sarita Toledo John Uible Kim Vohs Pam Walczak Fara Wallace Joann Walton Maria Roa Evangelista Sue Weiland Meghan Welch Julie Wiegman Sue Wolfe Maggie Wu Myla Yang Shakira Yin Carol Yost Marilyn Yost

Lyn Zangmeister

Facts at a Glance

2023 Statistics

Auxiliaries

Volunteers/TWIGS (hours):	20,221
TWIGS (dollars):	\$100,556
Development (dollars):	\$782,132

Charity and Uncompensated Care

In 2023, Licking Memorial Health Systems (LMHS) provided \$37.3* million in uncompensated care at standard charges, of which \$9.1* million was charity

LMHS has provided more than \$800* million in uncompensated care at standard charges since 1995, the year that Licking Memorial Health Professionals was formed.

The total cost of uncompensated care to LMHS in 2023 was \$13* million. The total cost of uncompensated care since 1995 has been \$343* million.

Licking Memorial Hospital Statistics

deking Memorial Hospital Statistics	
Fotal registered beds:	227
Coronary:	25
Intensive Care:	13
Medical/Surgical:	121
Obstetric:	18
Psychiatric:	9
Nursery:	28
Acute Inpatient Rehab:	
Chemical Dependency:	5
Admissions:	8,555
Average daily census (includes observation):	
Average stay (days):	3.7
Emergency Department visits:	50,365
Patient days:	

Patient meals served:	109,471
Babies delivered:	810
Laboratory tests:	
Pharmacy, medication administrations:	
Pounds of laundry:	
Urgent Care visits:	
Radiology procedures:	
Radiology, ultrasound:	13,957
Radiology, CT scans:	
Radiology, MRI scans:	
Rehabilitation, Occupational Therapy procedures:	
Rehabilitation, Physical Therapy procedures:	55,339
Surgical procedures:	9,124
Inpatient:	2,457
Outpatient:	6,667
Medical Staff (Active):	162
Medical Staff (Consultants):	62
Full-time equivalent employees:	1 613
Salaries/benefits:	\$152,323,634*
Operating expenses:	\$269,633,799*

Licking Memorial Hospital provided \$33.4* million in uncompensated care at standard charges, including charity, during 2023.

Licking Memorial Health Professionals Statistics

zioking momenta riodini riodossionale oraniones	
Number of physician practices:	48
Number of physicians:	
Physician practice patient encounters:	
Average companies served per month by Occupational Health:	
Full-time equivalent employees:	477
Salaries/benefits:	\$87,230,229*
Operating expenses:	.\$106,902,573*

*Unaudited

2023 Donors

Every donation, regardless of amount, that benefits Licking Memorial Hospital helps our mission to improve the health of the community. Many aracious community members chose to honor friends, family members or physicians, or remember loved ones with a monetary aift to Licking Memorial Health Foundation in 2023. Donations may be restricted to a specific program or service or allocated to the general account, allowing Licking Memorial Health Systems to use the gift for the most urgent need. All gifts are tax-deductible to the extent allowed by law. For more information, please contact Vice President Development & Public Relations Veronica Patton at (220) 564-4101.

(D) denotes deceased

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* Anonymous * Anonymous * Anonymous

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Beck Snyder

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In loving memory of Joe Yee by Sue Yee

The LMH Cornerstone Club

is a very special group of people who make a

minimum donation of \$100 to LMH each year.

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Capital Improvements Donors

The TWIGS are the sole providers of these important funds. All of the profits from the TWIGS' numerous fundraising activities benefit Licking Memorial Hospital exclusively. TWIGS stands for Togetherness, Willingness, Imagination, Giving & Sharing. The active TWIGS are: TWIGS 6, TWIGS 8, TWIGS 13, TWIGS 24 & the TWIGS Executive Board.

Cradle Roll

Hudson Brookbank

By: Licking Memorial Health Systems Gus Carpenter

By: Licking Memorial Health Systems Rocco Anthony Costa

By: Licking Memorial Health Systems Sophia Claire Crawford

By: Licking Memorial Health Systems Josephine Marie Frick

By: Licking Memorial Health Systems Mallory K. Harper

By: Licking Memorial Health Systems Ella Herring

By: Donna and Ion Demarest Licking Memorial Health Systems

Natalie Lynn Hughes By: Licking Memorial Health Systems

Stella Mae Miracle By: Licking Memorial Health Systems

Piper Quinn Moore By: Licking Memorial Health Systems

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Athena Olinger

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Graham Reynolds Riley By: Licking Memorial Health Systems

Colson Shepard By: Licking Memorial Health Systems Lydia Jane Smith

By: Licking Memorial Health Systems Gabriella Smith

By: Licking Memorial Health Systems

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Honorary & Memorial Gifts

Contributions in the name of a friend or relative also may be made to the Hospital. Individuals who have made a contribution are listed below the name of the person they have chosen to honor or memorialize.

Honorary Gifts

Bashar Alawad, M.D. By: Patricia Stout Patrick Guanciale By: Lori J. Elwood, M.D. LMH 6 Fast By: Patricia Stout LMH Surgery Department By: Robert Stidham Jeffrey Smith, Chaplain By: Thomas and Kathryn Cummiskey Bill Stout By: Patricia Stout

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