Care Gram

Ultrasound at Licking Memorial Women's Health

15 Messimer Drive

Date of Test: _____ Test Time: _____

Welcome
Welcome to Licking Memorial Women's Health. Your doctor has requested an ultrasound test. This test is performed by a sonographer who specializes in performing ultrasound studies.

How the Test Works
Ultrasound imaging is performed using a transducer. This is a lightweight device that produces sound waves at such a high frequency that humans do not hear it. The sound waves reach soft tissues and organs inside the body, producing echoes. The echoes are sent back to the transducer and are changed to an image on a video screen.

Preparation
For pelvis, pregnancy, placenta, or fetal age:
- Drink 16 ounces to 32 ounces of water 1 hour prior to your exam time
- Arrive with a full bladder
- You may eat as you normally would

Allowing Time
The test may take 45 minutes to 1 hour. You should allow more time for your entire visit.

Your Role
1. Be sure to follow the right preparation for your test.
2. Relax during the test.

Registering
Please report directly to the Licking Memorial Women's Health office located at 15 Messimer Drive. Please arrive 15 minutes before your scheduled test time. Check in at the registration window.

Licking Memorial
Health Systems

1320 West Main Street • Newark, Ohio 43055
(220) 564-4000 • LMHealth.org

During an Ultrasound
For the test, you will be asked to remove your clothing and wrap a sheet around your body. You will then lie on a test table. A warm gel will be put on your skin at the body part to be viewed. The sonographer will move the transducer gently across your skin. If needed, the transducer can be used in the vaginal canal for additional images.

After the Test
You may return to your regular diet unless you have other tests scheduled.

Finding Out the Results
The radiologist will study the test and give the findings to your doctor. Your doctor will talk to you about the results.

Appointment Reminder
- If you have questions about the test, please call your ordering doctor.

1616-1098
10/13/2026

This Care Gram is for information purposes only. It may become out-of-date over time. Ask a doctor or a healthcare professional about your specific condition.