Care Gram
Cardioversion

Date of Test: _____ **Test Time:** _____

What Is a Cardioversion?
Cardioversion is used if you have an irregular heart rhythm called atrial fibrillation or atrial flutter. During cardioversion, a controlled amount of electrical current is given to return your heart rhythm to a regular rhythm. A trained registered nurse and a cardiologist perform the test.

Cardioversion usually takes 2 hours. This includes the preparation, test, and recovery. If you have any questions about your test, please call (220) 564-4177.

How Do I Prepare for a Cardioversion?
- Do not eat or drink for 6 to 8 hours before the test.
- Take your medications on the day of the test with no more than 4 ounces of water.
- Bring someone with you to drive you home after the test.

How Do I Register for a Cardioversion?
Please report directly to Cardiac Services, located on the Licking Memorial Hospital (LMH) Second Floor at your appointment time.

What Can I Expect During a Cardioversion?
- An IV will be started.
- You will receive medication to help you sleep for a short time.
- You will have a large pad placed on your back and your chest.
- After you are asleep, a small electric current is given through the pads.

What Should I Do After the Test?
- Use hydrocortisone ointment on any reddened areas.
- You will need to have someone drive you home from the Hospital.
- You may return to your normal activities the next day unless instructed differently.

Finding Out the Results
You will know the results of the test before you leave. You also will be given a follow-up appointment time before you leave.

Thank you for allowing the LMH Cardiology staff to serve you. Remember, you have an important role in making your test a success.

**Licking Memorial
Health Systems**